

Symptoms

Weight Loss

Losing weight despite eating more than usual? You may have too much Thyroid Hormone!



Weight Gain

Experiencing Rapid Weight Gain despite no dietary changes? You may have too little Thyroid Hormone!



Joint & Muscle Pain

Experiencing Joint & Muscle pain? You may have too little Thyroid Hormone!



What is TSH?

(Thyroid-stimulating hormone)



You may need a TSH test if you have symptoms of too much or too little thyroid hormone in your blood.



Research involving older adults suggests that roughly 7-14% of people may have TSH levels above the upper limit of reference ranges.



59-63% of males with hypothyroidism also experience sexual dysfunction, compared with 22-46% of females who have hypothyroidism.



It's especially important for people who are pregnant to have healthy amounts of TSH and thyroid hormones to ensure the healthy development of their babies.



Common symptoms of hyperthyroidism are: *Rapid heartbeat, feeling shaky or anxious, unexplained weight loss, diarrhea, vision changes, thin, warm and moist skin, swelling and enlargement of neck from thyroid gland.*

What is a TSH Test?

TSH stands for thyroid stimulating hormone. A TSH test is a blood test that measures this hormone. TSH levels that are too high or too low may be a sign of a thyroid problem.

What is your thyroid?

The thyroid is a small, butterfly-shaped gland in the front of your neck. Your thyroid makes hormones that control how your body uses energy. Thyroid hormones affect nearly every organ in your body, including your heart.

Thyroid Levels & What They Mean

If the thyroid hormone levels in your blood are too low, your pituitary gland makes larger amounts of TSH to tell your thyroid to work harder. If your thyroid hormone levels are too high, the pituitary gland makes little or no TSH.

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